

**MISSION** Adagio Health provides health and wellness services to all women and their families with a focus on those in need.

**VISION** Women and their families in western Pennsylvania will lead healthier lives.

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## MARK YOUR CALENDARS!

August 24-25  
**Cindystock 15**

A tradition of combining a day of great music and food with helping people prevent or supporting people who have cancer. Expect excellent music, delicious food and an opportunity to use a relaxing day to support a good cause. A portion of the proceeds benefit Adagio Health. We hope you will join us.

[www.cindystock.org](http://www.cindystock.org)



[adagiohealth.org](http://adagiohealth.org)  
800.215.7494

Two Gateway Center  
Suite 500  
603 Stanwix Street  
Pittsburgh, PA 15222

## OPIOID ADDICTION AND OUTREACH PROGRAM

Heroin addiction is the leading drug-related epidemic facing the United States today and women of reproductive age are at alarmingly high risk. Nationally, the number of babies born addicted or treated for addiction nearly tripled between 2000 and 2009, according to the Journal of the American Medical Association. Babies can suffer great difficulties of withdrawal after birth, and may also face poor intrauterine growth, premature birth, seizures and birth defects.

To help this growing crisis, Adagio Health identified an opportunity to provide heroin-addicted women (and men) education and awareness to help lower these rates. Through a generous grant from the **R.K. Mellon Foundation**, Adagio Health created an outreach program to create a network of addiction treatment providers who work with, and can identify,


addicted pregnant women and will open their doors to address their family planning needs.

The project ensures access to quality family planning services for Allegheny County women and men, and specifically, pregnant women who are struggling with addiction. The project includes a targeted education and outreach program to this low-income target population. UPMC Magee's

Pregnancy Recovery Center and Allegheny Health Network's Perinatal Hope Program provides addicted pregnant women and their partners with the treatment, information, referrals and education needed to improve their chances of having a healthy pregnancy and a healthy baby.


In addition to funding, Adagio Health leveraged partnerships with numerous Allegheny County

organizations experienced in providing treatment to women and men struggling with drug addiction. This project has moved forward rapidly, reaching populations at Renewal, Inc., Bethlehem Haven and the Allegheny Health Network. We are grateful to our partners and funders to help us battle the opioid epidemic in our region.



**WHATEVER YOU'RE TAKING, TAKE CARE OF YOU.**

Free birth control and pregnancy support for opioid users. Call 866-520-9139.



Care for all women.

## MAKING ALL THE DIFFERENCE:

It has been an amazing couple of years for Adagio Health. By the end of 2017 we were a much stronger organization than when we entered the year. Our medical offices continue to provide high quality and compassionate care and same-day scheduling appears to be a hit with our patients. Our WIC (Women, Infants and Children) and Power Up programs continue to grow. Foundation support has been the key to our efforts to rebuild and focus — significant funding gave us the opportunity to battle the opioid epidemic by providing treatment to women and men battling addiction and also supported HPV education and outreach. Our statewide cancer screening programs are helping women who might otherwise not receive a mammogram or cervical cancer screening.



BJ Leber

This success and momentum is because of the work of the entire Adagio Health team and the leadership and support of our Board of Directors, Advisory Council and Young Leadership Council. It is because of the support of our funders and donors. And it is because of our great community partners who work with us to help our neighbors live healthier lives.

2018 is a year of unending possibilities. We are off to a great start opening new medical offices as a result of partnerships with Renewal, Inc. and the Human Services Center Corporation in Turtle Creek, hosting our first-ever women's health symposium and continuing efforts to expand medical services to new communities.

With continued support and assistance, Adagio Health will work to ensure that the women we serve receive healthcare they deserve and need. We look forward to the rest of 2018 and beyond.

BJ Leber  
President & CEO

# CARE FOR ALL WOMEN.

Impact Report

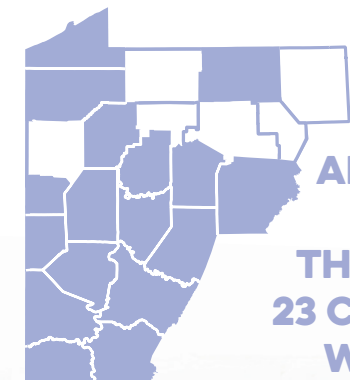


JUNE 2018

## SERVING WOMEN ALL THROUGHOUT THE REGION

Since 1971, Adagio Health has been providing health and wellness services to women and their families. We serve more than 100,000 patients and clients annually throughout 23 counties in western Pennsylvania. Most served are uninsured or underinsured and live predominantly in the rural communities of western Pennsylvania where access to healthcare services is scarce or non-existent. **For many, we are their ONLY healthcare provider.**

Adagio Health's services include breast and cervical cancer screenings, diabetes prevention, cardiovascular screenings, family planning, reproductive healthcare, access to nutritional food, tobacco cessation, healthcare referrals, education and breastfeeding support to new moms, prenatal care, and education on topics such as healthy relationships and substance abuse.



**100,000 PATIENTS AND CLIENTS ANNUALLY THROUGHOUT 23 COUNTIES IN WESTERN PA**

**The services Adagio Health provides are life-changing for the individuals served** — supporting not only the individual, but also their families and communities.

Adagio Health is able to provide these services through funding from the State and Federal government, foundation partners, individuals, and through partnerships with a variety of community organizations. **We are grateful for the support of so many.**

**"I came to Adagio Health very scared, having no clue how to grapple with my sexuality in my conservative environment. I received my first birth control at Adagio Health and learned how to protect myself, body and spirit. Six years later, I am still bringing my friends to Adagio Health!"**

— Adagio Health Patient





# GRATEFUL TO OUR FUNDERS

Ambridge Area School

Dr. & Mrs. Arthur William Phillips Charitable Trust

Babst, Calland Attorneys at Law

Blues Society

Centers for Disease Control and Prevention (CDC)

Cindystock

FISA Foundation

Forbes Funds

Franklin Johnstown Federal Credit Union

Grable Foundation

Golden Triangle Management

Highmark Foundation

Hillman Foundation

IBM

Italian Home Club

Jefferson Regional Healthcare Foundation

Jendoco Construction Corporation

Jewish Healthcare Foundation

McCune Foundation

Office of Population Affairs –  
Department of Health & Human Services

Penns Manor High School Football

Pennsylvania Department of Health

Pittsburgh Business Health Group

Pleasant View Church

PNC Foundation

Prevention Network

Richard King Mellon Foundation

Sheetz Inc.

Smith Realty Holding

Susan G. Komen Pittsburgh

The Heinz Endowments

The Pittsburgh Foundation

US Department of Agriculture

West Deer Township Police Department

## FOCUS ON IMPACT

### HPV Education and Outreach

Every year in the United States, more than 30,000 women and men are diagnosed with a cancer caused by HPV infection. An HPV vaccination could prevent most of these cancers from ever developing.

To help decrease cancer rates, Adagio Health reached out to the Jewish Healthcare Foundation and was awarded a grant to implement and expand HPV education and outreach. This initiative specifically focuses on children ages 9-11 and 12-24 who have not received the HPV vaccine. Adagio Health provides education and outreach through disseminating HPV materials in medical offices and to community partners, creating partnerships with school districts in 23 counties and training health educators on how to include the HPV vaccine in their sexual health curriculum.

### Cancer Screening

Each year, Adagio Health assists more than 9,000 women to obtain life-saving cancer screening services through the HealthyWoman Program and the Susan G. Komen Pittsburgh Mammogram Voucher Program. The HealthyWoman Program provides free breast and cervical cancer screening and diagnostic care to underinsured and uninsured Pennsylvania women. The Mammogram Voucher Program provides free screening and diagnostic breast services in partnership with hospitals throughout our region. Services covered by the program include mammograms, breast ultrasounds, and breast biopsies. Providing these services free of charge leads to early detection and reduces breast cancer in the state of Pennsylvania.

### Health Education

Adagio Health has educated more than 2,000 youth about life skills, healthy relationships, good decision making, and reproductive health. Since 2013, Adagio Health has been collaboratively working with Propel Schools to provide a variety of evidence-based curriculums to students who are in sixth through eleventh grades regarding healthy decision making, safe relationships and medically accurate pregnancy prevention information. Adagio Health's relationship with Propel Schools is one that promotes the wellbeing of our communities and allows students in our region to make informed decisions that empower them to take control of their lives and their futures.

42,000/23

42,000 patients come from vulnerable populations in 23 counties to be served by our medical offices and network providers.

51,000

individuals gained access to nutrition programs.

9,000

women obtained life-saving cancer screening services.

2,000

youth have learned about life skills, healthy relationships, good decision making and sexual and reproductive health.

## ADAGIO HEALTH POLICY & ADVOCACY AGENDA

We are working with legislators in Harrisburg and Washington, D.C. to ensure that women in western Pennsylvania have access to healthcare that is vital to their wellbeing including breast & cervical cancer screenings, nutrition, contraception and clinically accurate sexual and reproductive health education. We perform this important work through our:

### Western Pennsylvania Women's Healthcare Consortium

Adagio Health formed a coalition of 25 + nonprofit healthcare providers in western Pennsylvania to work together to advocate collectively for women's healthcare issues on a local, state and federal level. Members include a wide variety of nonprofit organizations (in size, mission and budget.) We believe that strengthening policies that benefit women in the Commonwealth will help to make Pennsylvania stronger.

Coalition Members include:

Allegheny County Health Department

Allegheny Health Network

Allies for Children

Allies for Health + Wellbeing

Bethlehem Haven

Blackburn Center

Children's Hospital of Pittsburgh of UPMC

FISA Foundation

Glimmer of Hope Foundation

Governor Wolf's SWPA Office

Greater Pittsburgh Community Food Bank

Healthy Start

Highmark Foundation

Jefferson Regional Foundation

Jewish Healthcare Foundation

Magee Women's Hospital of UPMC

New Voices Pittsburgh

PA Rep Dan Frankel

Planned Parenthood of Western Pennsylvania

POWER

Squirrel Hill Health Center

Susan G. Komen Pittsburgh

The Grable Foundation

The Midwife Center for Birth & Women's Health

United Way of Allegheny County

UPMC

UPMC Mercy

Women and Girls Foundation

Women's Law Project

YWCA Greater Pittsburgh

**"I teach kindergarten and have worked with the Adagio Health program for many years now. We do not have a formal health program, so Adagio Health IS our health program. My students learn how to make healthy eating and lifestyle choices, as well as try new foods, and how to exercise. Adagio Health's Power Up is a great program. I cannot say enough good things about it!"**

*– Educator*

## THANKFUL FOR OUR PARTNERS

412 Food Rescue

Access Matters

Adelphoi Village

Allegheny County Health Department

Allegheny Health Network

Allies for Children

Allies for Health + Wellbeing

Bethlehem Haven

Birmingham Free Clinic

Centers for Disease Control and Prevention (CDC)

Cindystock

Community Human Services

CWHRI

Family Health Council of Central Pennsylvania

Greater Pittsburgh Community Food Bank

Gwen's Girls

Healthy Start

Human Services Center Corporation

Maternal and Family Health Services, Inc.

Office of Population Affairs –  
Department of Health & Human Services

Penn State University

Pennsylvania Department of Health

Pennsylvania Department of Human Services

Persad Center

Planned Parenthood

Propel Schools

POWER

Renewal Inc.

Squirrel Hill Health Center

The Midwife Center for Birth & Women's Health

United Way of Allegheny County

University of Pittsburgh Medical Center

US Department of Agriculture

Women's Law Project

YMCA of Greater Pittsburgh

YWCA Greater Pittsburgh