

ADAGIO HEALTH PRESENTS
**Better Health Outcomes
Speaker Series 2023**

**From Alcohol to Opioids:
Women & Recovery**



MAY 31ST, 2023 · 6PM - 8PM · THE ART ROOM



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A MESSAGE FROM THE PRESIDENT & CEO



We are thrilled to welcome our first “in-person” audience to what is now the third year of Adagio Health’s Better Health Outcomes Speaker Series. When we started this effort during the pandemic, we really weren’t sure how it would be received, especially given that it was completely virtual. Thousands of clicks and views later – we are so gratified that our topics and speakers struck a chord. We’ll continue to provide a virtual opportunity to tune in, but we’re excited to also have the

opportunity to “take our show on the road”, welcoming audiences to interesting Pittsburgh spaces as we continue to feature terrific speakers, and important topics that impact women, families, and the communities we serve.

Tonight, you’ll meet Rosa Davis, CEO from POWER. I’ve known Rosa for many years, and her work with women in recovery has changed lives, and saved lives. You’ll also meet Cambria King – a certified recovery specialist and peer navigator with the Pregnancy Recovery Center at UPMC Magee Womens Hospital, Cam is changing the way hospitals view and care for moms and babies impacted by substance use disorder. And we’ll hear from Adagio Health’s own Becky Ludwig, who will explain our role in helping to prevent Neonatal Abstinence Syndrome – with no stigma, no judgment – just a focus on recovery, and better health outcomes for the women and communities we serve.



It takes a true commitment to make a genuine difference.

At PNC, we are proud to call Adagio Health a partner. Thank you for all you've done and all that we know you plan to do for our neighbors and communities in Southwest Pennsylvania.

**We are thankful for the opportunity to support the
2023 Better Health Outcomes Speaker Series.**



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SPEAKERS



Cambria King, CRS

Peer Navigator with the Pregnancy Recovery Center at UPMC Magee Womens Hospital

Cambria King is a compassionate and dedicated Senior Peer Navigator specializing in addiction medicine at Magee-Womens Hospital in Pittsburgh, Pennsylvania. Hailing

from Pittsburgh, Cambria has devoted her career to assisting others and significantly impacting the patients she supports. Cambria is also a loving mother to four beautiful children, her family resides in the charming community of Fox Chapel, PA.

Cambria earned a Bachelor's in Telecommunications from Penn State University and is a Certified Recovery Specialist (CRS). She obtained her CRS certification in 2021 from the Pennsylvania Certification Board.

Within her role at Magee-Womens Hospital, Cambria is instrumental in guiding patients through their recovery journey. She is an integral part of the Pregnancy and Women's Recovery Center and a member of a consultative service that provides comprehensive inpatient support, which encompasses recovery planning, tailored education, and ongoing support.

Driven by a passion for educating others about substance use disorders, Cambria draws on her personal experiences to help bridge the gap between clinical care and patients. Her active involvement in community outreach and education enables her to make a tangible impact by raising awareness and providing support to those affected by addiction.

One of Cambria's notable accomplishments includes speaking at the 2022 Recovery Walk in Pittsburgh, PA, further showcasing her dedication to raising awareness and supporting those in recovery.

In her work within addiction medicine, Cambria emphasizes a patient-centered approach to care, prioritizing the delivery of compassionate, respectful, and dignified treatment for every individual. She believes in empowering her patients by fostering understanding and empathy, allowing them to feel supported and safe throughout their recovery journey. She is dedicated to ensuring her patients not only comprehend their condition but also feel empowered to navigate their recovery journey confidently.

During her leisure time, Cambria cherishes moments spent with her children and enjoys horseback riding, which allows her to connect with nature and appreciate the outdoors.

Cambria King's steadfast commitment to her work at Magee-Womens Hospital demonstrates her dedication to enhancing the lives of others and her desire to create a positive impact on her community, particularly within the realm of addiction medicine.

SPEAKERS



Rosa Davis, MSW

Chief Executive Officer, POWER –
Women in Early Recovery

Rosa Davis is the Chief Executive Officer of POWER – an organization whose mission is to help women reclaim their lives from addiction and related emotional health issues, and to enhance the wellbeing of future generations. Under her leadership POWER has grown from a single-program agency founded in 1990 to an organization that today offers a full range of comprehensive gender-responsive, trauma-informed behavioral health treatment and support services for women with substance use and co-occurring disorders. POWER, which offers screening and assessment, withdrawal management, inpatient and out-patient treatment, and peer recovery support, serves nearly 2,000 individuals each year, 1,700 of them women.

Rosa earned both her Bachelor's and Master's degrees in Social Work from the University of Pittsburgh and has more than 40 years of diverse experience in health and human services. A graduate of Leadership Pittsburgh XVII, she is on the Board of Directors of IRETA and is a member of the University of Pittsburgh's School of Social Work Executive Council, CLEAR Steering Committee, and Allegheny County's Block Grant Advisory Board. Rosa is the recipient of several awards and honors including University of Pittsburgh School of Social Work's Outstanding Alumni, Duquesne University School of Nursing's Eileen Zungolo Spirit of Service, YWCA's Tribute to Women's Leadership, Oakland Catholic's Leading Ladies, Girl Scouts-Trillium Council's Woman of Distinction, Message Carriers' Tree of Life, Soroptimist International's Women Helping Women, and her most prized award – POWER's Seeds of Hope.

WITH ADDITIONAL REMARKS FROM



Becky Ludwig

Senior Director of Integrated Services
Adagio Health



ADAGIO HEALTH INNOVATION FUND

Adagio Health's Innovation Fund supports innovative and sustainable programs that reduce health disparities in the communities we serve.

We are focused on: health equity for women, children and vulnerable populations; increasing food security for families; providing behavioral health & care navigation services for at-risk patients; using technology and data to drive greater efficiency in all of our programs and services.

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