



You're welcome here

2020 Annual Report

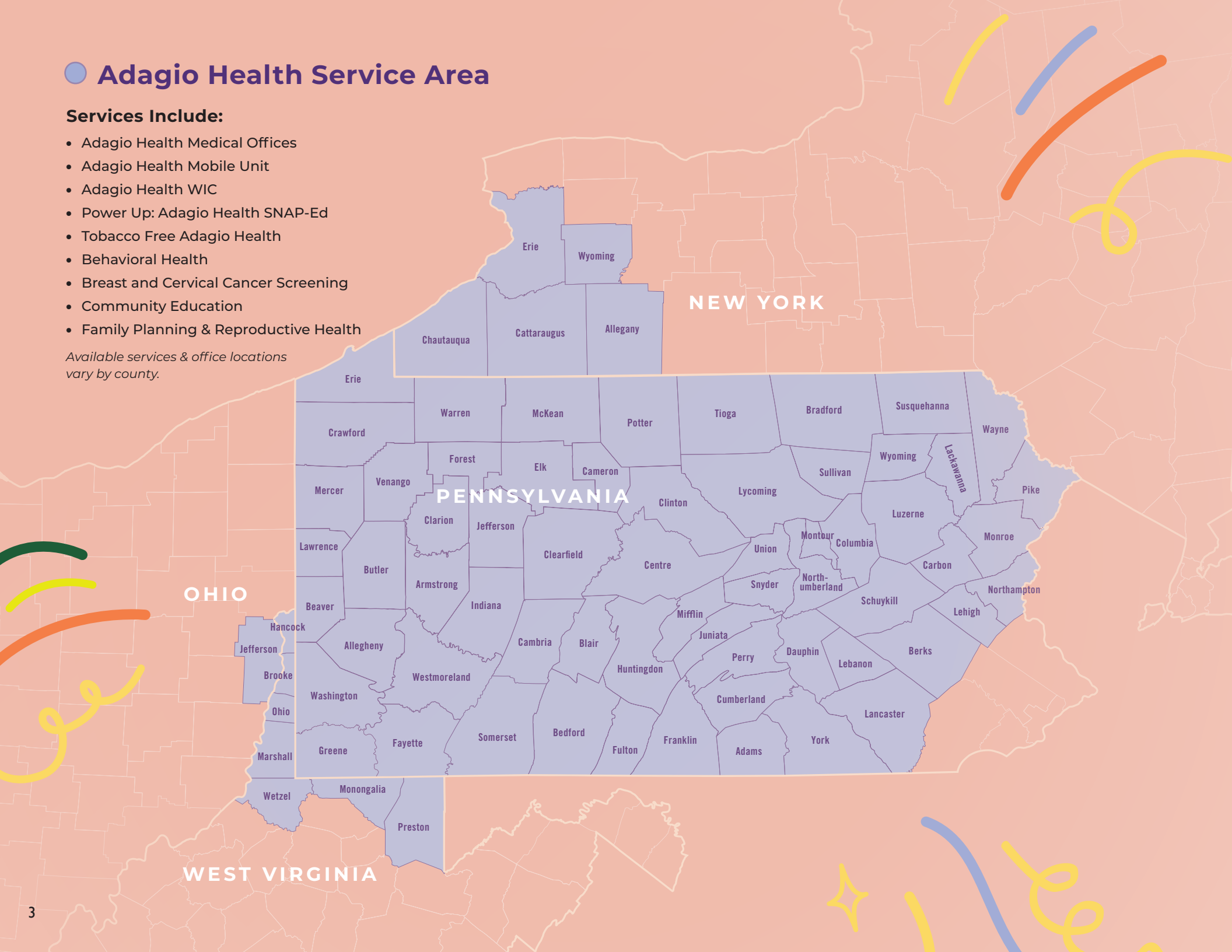


● Adagio Health Service Area

Services Include:

- Adagio Health Medical Offices
- Adagio Health Mobile Unit
- Adagio Health WIC
- Power Up: Adagio Health SNAP-Ed
- Tobacco Free Adagio Health
- Behavioral Health
- Breast and Cervical Cancer Screening
- Community Education
- Family Planning & Reproductive Health

Available services & office locations vary by county.



From the President and CEO

Dear friends of Adagio Health

There are so very many reasons we are all happy to see 2020 in the rearview mirror. The challenges, the worries, the lack of interaction with family, friends and colleagues all seemed to go on and on without knowledge of when it would end. But as I write this, COVID-19 vaccines are being rolled out and there is light at the end of the tunnel. I'm also grateful for the many bright spots that did appear for Adagio Health in 2020, as well as opportunities that lie ahead for our organization and the communities we serve.

There is a very good reason that Adagio Health was able to not only survive, but thrive, during a pandemic—essentially without missing a beat. Our team of dedicated employees, our partners and supporters, and the patients and clients who entrust us with their care all kept our organization moving forward.

As soon as the pandemic hit our region, our team stepped up. We adopted new safety protocols, and had telehealth video visits up and running in three weeks. Our new Mobile Health Unit hit the road in July, traveling to rural areas where access to healthcare is scarce. With foundation support, we purchased additional Personal Protection Equipment (PPE), made technological improvements, and rapidly expanded our efforts around food insecurity.

While health care and nutrition services were being provided by our frontline employees, our team continued progress toward our strategic goals of meeting community needs by expanding our menu of services and geographic footprint. In October, we added five New York state counties to our network of care. We worked with our friends and partners at Susan G. Komen Greater PA to assume leadership of the Mammogram Voucher Program which, coupled with our Breast and Cervical Cancer Early Detection Program, allows us to offer cancer screening at no cost across the state of Pennsylvania. We've recently added Allegheny County to our Tobacco Prevention and Control Program, and now offer cessation services to adults and teens in 11 western Pennsylvania counties. And a federal grant from the Health Resources and Services Administration will allow us to expand prevention efforts around Neonatal Abstinence Syndrome.

Our community of donors and corporate supporters also stepped up in 2020; including Adagio Health in their philanthropic giving as our community was challenged to "Give Big" and give generously to local nonprofits responding to an historic crisis.

So as I look in that rearview mirror and say goodbye to 2020, I see a year of affirmation. A year that affirmed the importance of Adagio Health as a safety net provider. A year that affirmed our staff is dedicated, flexible, and tenacious. Individually and collectively our employees met the moment during what has been and continues to be perhaps the most challenging environment any of us will ever encounter.

I want to thank our Board of Directors for their leadership and dedication to Adagio Health, and extend my thanks to each and every one of you for your continued support of our organization.

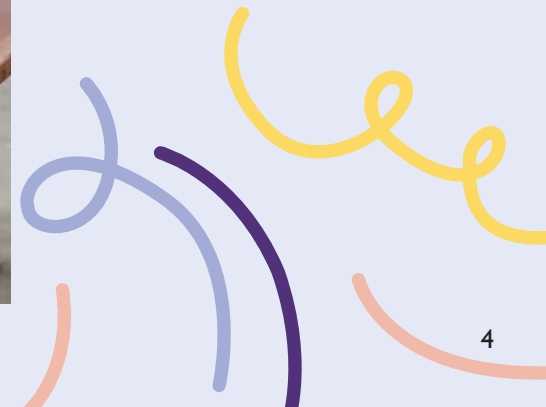
In 2021, Adagio Health is celebrating our 50th Anniversary. As we recognize this important milestone for our organization, we are looking forward to the future and all that it promises as we are guided by our mission, vision, and values — and our unwavering commitment to care in the communities we serve.

You're welcome here



Photo: Joe Wojcik, Pittsburgh Business Times

BJ Leber
President & CEO



Mission

Adagio Health meets the health & wellness needs of diverse communities, regardless of income, with a focus on women.

Vision

Adagio Health improves the health of communities by continually aligning our services with the needs of vulnerable communities.

Our Values

Providing high-quality health and wellness services in a respectful setting focused on compassion, care and commitment to every patient and client.

Prioritizing diversity, inclusion, accessibility, and transparency in all of our medical, educational, and professional interactions.

Preserving our culture of collaboration, accountability, innovation and integrity.

Promoting greater access to healthcare and education for women, men, LGBTQIA+ communities, and underserved patients across our region.

About

For fifty years, Adagio Health has been providing health and wellness services and support in western Pennsylvania. In 2018, the organization expanded into seven counties in West Virginia and in 2020, added another five counties in western New York. Adagio Health also manages the state-funded Breast and Cervical Cancer Early Detection Program (BCCEDP) in **62** counties and the Mammogram Voucher Program in **56** counties of western, central and northeast PA.

Adagio Health and its network of partners in Pennsylvania, West Virginia and New York provide family planning and reproductive health care services at low or no cost to approximately **40,000** patients annually. Breast and cervical cancer screening services are provided to approximately **6,000** patients. Adagio Health's WIC program serves approximately **9,000** parents, caregivers and young children, while the organization's nutrition education program known as Power Up serves more than **50,000** Pennsylvanians – young children, teens, adults and seniors. Approximately **2,000** adults and teens receive support and cessation services from Adagio Health's Tobacco Prevention and Control Program, while another **3,000** middle and high

school students receive evidence-informed, age-appropriate reproductive health education services in one-on-one, group, and classroom settings.

Many of the **110,000+** patients and clients receiving services through Adagio Health are women who reside in communities where access to healthcare services is scarce. Often, Adagio Health is their sole health care provider. In 2020, Adagio Health launched a Mobile Health Care Unit to broaden access to care and better meet the needs of underserved populations in rural communities.

Adagio Health is able to provide these services through funding from the State and Federal government, the foundation community, and partnerships with nonprofit organizations, the corporate community and individual donors.



Collaborating During Crisis
Our Adagio Health Mobile Health Unit team partnered with Tiffany's Breast Care Center Mobile Mammography to serve the Amish community in New Wilmington during the pandemic. Members of the Amish community received preventive care and on-site mammography.

Perseverance in a Pandemic

As the world seemed to come to an abrupt halt on March 13, 2020 – Adagio Health, like so many organizations, was faced with a scenario previously unknown: how to maintain operations and provide needed care while keeping employees, patients, and clients safe during a deadly global pandemic. In our medical offices, what had been a long-term plan (1-2 years) to roll out telehealth services went into overdrive, and those services became available in a matter of weeks rather than years. Protective Personal Equipment (PPE) was donned. Plexiglass installed in our medical and WIC offices. New safety and sanitization protocols were put into place. And the team went to work.

Medical Offices

In late March and early April 2020, the successful implementation of telehealth services included technology upgrades, training, and outreach to our patients. Time was of the essence as the team

worked tirelessly to ensure continuity of care. We also created a path for safe, in-person visits at all nine of our Adagio Health Medical Offices. In June, we relocated our Erie medical office to a brand new, more easily accessible location for our patients. And after months of planning and preparation, Adagio Health's 36-foot long, ADA compliant Mobile Health Unit officially hit the road in late July.

We welcomed two Behavioral Health providers to our medical offices in 2020: Christine Ngozika Alozie-Crowell, MA, LPC, NCC joined the team at Adagio Health Erie, while licensed therapist Maria Ponzi began seeing patients at Adagio Health New Castle.

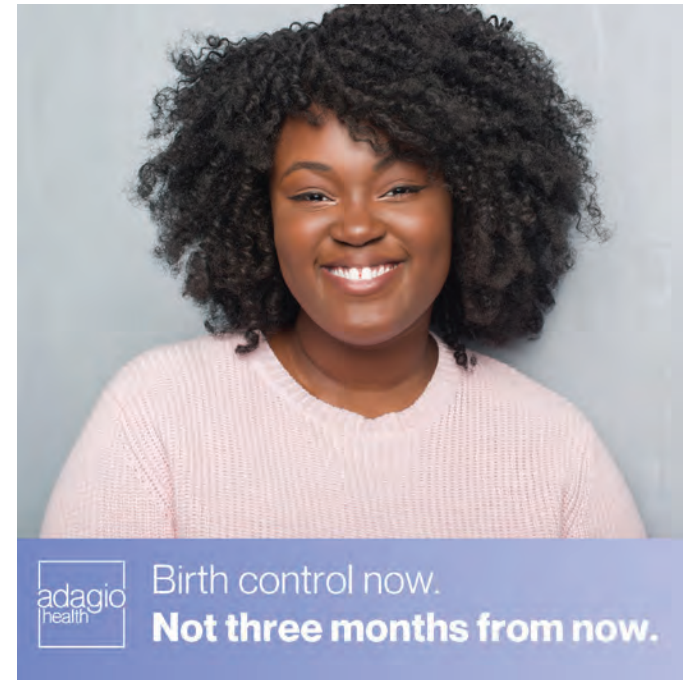
In addition to the reproductive care offered to women, men and teens at all of our medical offices, we are continuing to grow our list of expanded services, including: adult immunizations, rapid tests for both Hepatitis C and HIV, PrEP (pre-exposure prophylaxis for HIV), and screening for diabetes and high cholesterol.

In September, we closed our Turtle Creek location, and began referring patients to nearby members of Adagio Health's family planning network.

Family Planning and Reproductive Health Care

Adagio Health's geographical footprint continued to grow in 2020, as we expanded our family planning and reproductive care network five New York counties: Allegany, Cattaraugus, Chautauqua, Erie and Wyoming. We added new providers in the seven counties we serve in West Virginia, along with one new provider in eastern Ohio. Adagio Health's new Mobile Health Unit has also greatly expanded our reach to areas where access to reproductive health services is a challenge.

Of the 23 counties we serve in Pennsylvania, 19 are designated as rural counties with unique barriers to care: limited public transportation, limited providers, greater distances to travel. We continue to see high teen (15-19) and young adult (20-24) birth rates; while six counties in our PA service



area have higher rates of chlamydia, gonorrhea and syphilis than the state average. Nine counties (including Allegheny) have female invasive breast cancer incidence rates greater than the state rate, and Allegheny County has the 7th highest rate of HIV in the state. Factors that account for some of these disparities include high rates of poverty, unemployment, lower median household incomes, high rates of obesity in 87% of our counties, and racism as a public health crisis.

We are proud to have a strong team and strong leadership in place around our family planning programs. In March, Adagio Health's Senior Director of Family Planning and Reproductive Health Care, Dr. Linda Snyder, received the National Family Planning & Reproductive Health Association's (NFPRA) Annie Barnes Patient Advocate Award.



At left: Behavioral Health Clinician Christine Ngozika Alozie-Crowell. Below: the new Adagio Health Erie Medical Office.



Food Insecurity & Nutritional Support

As the COVID-19 pandemic impacted families' jobs, health insurance and financial security – it also affected rates of food insecurity. In partnership with the Greater Pittsburgh Community Food Bank and generous funders, our employees responded quickly and efficiently.

Expanded screening for food insecurity along with immediate food distribution for those in need was implemented in Medical and WIC offices. From May through December 2020, Adagio Health provided 3500 households (over 13,000 people) with food boxes containing 23 pounds of shelf stable food. In Erie, the Adagio Health team distributed 2416 meals over the course of a seven-week effort called "Combating Food Insecurity for Young Families during COVID-19".

Our WIC team successfully transitioned to virtual appointments where possible, while continuing to welcome clients safely with new protocols in place in all of our Adagio Health WIC offices. We saw a significant increase in demand from April through December 2020, averaging of 55 new clients per week across all five of our offices, and sometimes topping 80 per week.

The Power Up team offered nutrition education for school and community groups by making modifications to what had been an entirely in-person program. Their menu of services included

instruction on recipes, cooking, and physical activity delivered via live virtual instruction and more than 200 short videos that the team produced.

Breast and Cervical Cancer Screening

With the understanding that cancer can't wait, Adagio Health continued to provide the Breast and Cervical Cancer Early Detection Program (BCCEDP) in 62 counties of western, central, and northeast Pennsylvania. BCCEDP is available to underinsured and uninsured women ages 21 and over. Eligibility is based on income and household size. Through the Breast and Cervical Cancer early Detection Program, eligible women can receive free breast and cervical cancer screening and diagnostic testing to include: Clinical Breast Exams, Pelvic Exam and Pap Test, Screening Mammograms, and Breast and Cervical Diagnostic Testing as needed. In 2020, Adagio Health added 20 new providers to the program, bringing us to a total of 200. Just over 6,000 patients were enrolled in BCCEDP program in 2020, that's up from 3500 in 2019. We

were also able to connect 500 women with insurance coverage and treatment after they were diagnosed with breast or cervical cancer.

In October 2020, our long-time partners at Susan G Komen Greater Pennsylvania announced they would be closing. With a generous final gift from Komen

Greater PA, Adagio Health took over Mammogram Voucher Program. We also partnered once again with the Pennsylvania Commission for Women

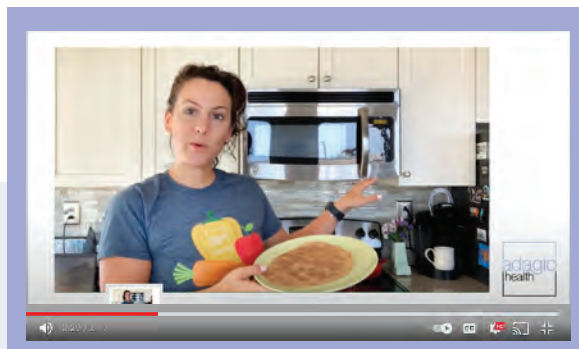


to (virtually) present the third annual Breast Cancer Awareness Reception.

In November, we were gratified to see Senior Director of Cancer Screening and Chronic Disease, Casey Monroe along with Adagio Health Board member, Megan Krider, recognized by Pittsburgh Magazine as 40 under 40 honorees.



Photo: Becky Turner Braddock for Pittsburgh Magazine



Pictured: Power Up Nutrition Assistant Sue Hanlin at Adagio Health food distribution site in Erie County, Power Up Nutritionist Nicole Amato leads a video nutrition lessons during the ongoing pandemic, food boxes ready for distribution to our WIC and medical office patients in need.



Socially Distanced Proclamation

Adagio Health's Diana Mihalcik with Cambria County municipal leaders in October at the annual Red Ribbon Week celebration to encourage children, families and communities to live healthy, drug-free lives.

Tobacco Free Adagio Health

In late 2020, Adagio Health received funding to expand our Tobacco Prevention and Control program into Allegheny County. We will continue our programming efforts in the southwestern Pennsylvania counties of Armstrong, Beaver, Butler, Cambria, Fayette, Greene, Indiana, Somerset, Washington and Westmoreland.

Earlier in the year, in response to COVID-19, the team implemented virtual tobacco cessation classes and counseling, while also passing a number of new work-place, housing, and university-based nicotine-

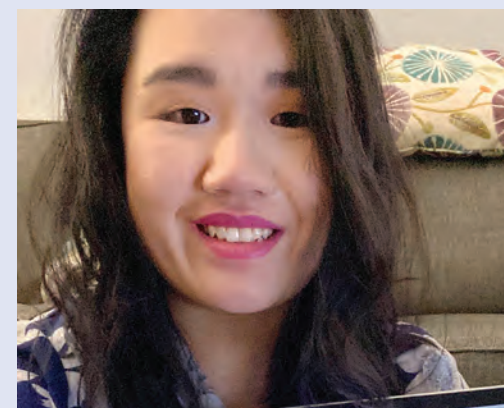
free policies. We saw a 142% increase in the number of pregnant moms seeking to quit smoking in 2020; and successfully advocated for a law that raised the age of tobacco sales in Pennsylvania to 21. Tobacco Free Adagio Health also added a new National Diabetes Prevention Program Site in Cambria County (Johnstown YMCA), and continued working with Managed Care Organizations — facilitating 21 Lunch 'n Learn Sessions to regional behavioral health providers as they begin a transition to Nicotine-Free Facilities.



Education

Adagio Health's Community Education team implemented five new programs in four additional Pennsylvania counties with grant support from the PA Department of Health, the PA Commission on Crime and Delinquency, and the federal Office of Population Affairs. New partnerships with school systems in Lawrence, Mercer, and Fayette County allowed the team to increase comprehensive reproductive health education services, and to implement programs focused on the prevention of adolescent relationship abuse.

With the onset of the COVID-19 pandemic, Adagio Health educators transitioned to a virtual education model and continued to provide meaningful and effective lessons to meet the needs of tweens, teens and young adults at home and at school. Adagio Health is proud to provide programming that is critical during this extremely challenging time for young people and families.

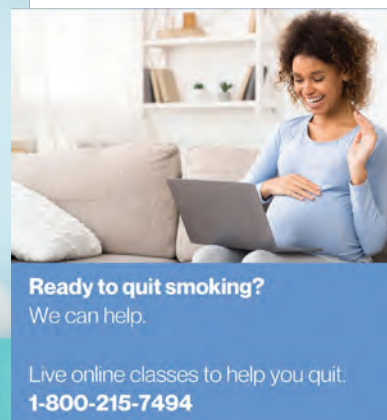
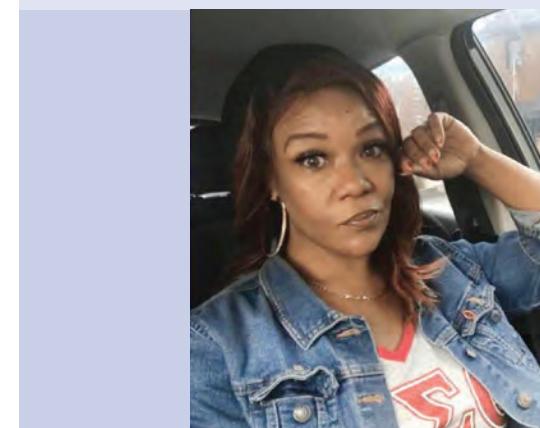


Health Educator Ling Deng participates in #GivingTuesday.



Instagram

@adagiohealthteen
Educator Michelle Collins, M.Ed, NCC is available to help teens where they are.



Foundation and Grant Support

Generous support from the foundation community and others made it possible for Adagio Health to implement many of our programs and services in 2020.

Grants we received for 2020-2021 programs and services include:

Erie Community Foundation COVID-19 Rapid Response Fund: Combatting Food Insecurity for Young Families during COVID-19 and Helping Today grant

Hillman Family Foundations: Combatting Food Insecurity for Young Families during COVID-19

National WIC Association in partnership with **Robert Wood Johnson Foundation:** Catalyzing Retention Efforts in WIC (CREW): Developing and Disseminating Evidence-Based Resources to Enhance the WIC Participant Experience

PA Department of Environmental Protection: Food Recovery Infrastructure Program Grant

PNC Foundation: Cancer Screening

Richard King Mellon Foundation: COVID-19 Emergency Operating Support Fund

Susan G. Komen of Greater Pennsylvania: Mammogram Voucher Program (MVP) donation

The Heinz Endowments: COVID-19 Emergency Funding

The Pittsburgh Foundation: COVID-19 Emergency Action Fund

Grants that we will apply to our work in 2021 and beyond include:

Direct Relief in partnership with **Bayer:** Strengthening Access and Family Planning Services in the U.S. Safety-Net

Health Resources and Services Administration (HRSA): Rural Communities Opioid Response Program Neonatal Abstinence Syndrome

Hillman Family Foundations: Adagio Health Southwest PA: A COVID-19 Health Equity & Services Project

PA Department of Human Services Special Legislative Initiatives Grant: Better Health for Women Veterans Initiative

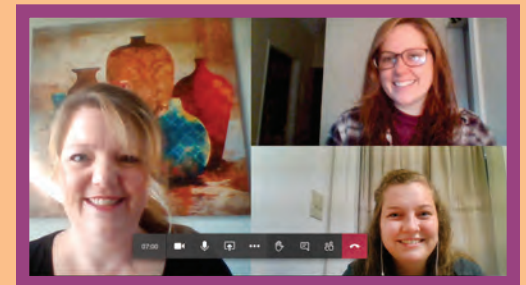
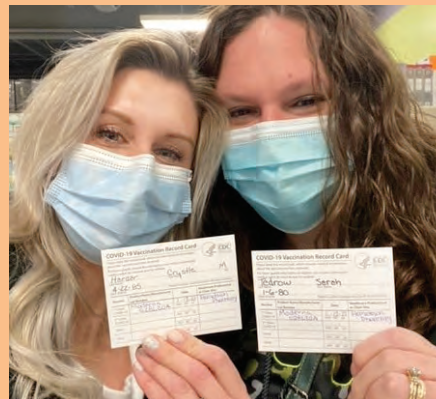
We are grateful for the trust that each of these organizations has placed in us as we work together toward to reduce health disparities and achieve better health outcomes in the communities we serve. Additional funding from the U.S. Department of Agriculture, U.S. Department of Health and Human Services Office of Population Affairs, Centers for Disease Control and Prevention, Pennsylvania Department of Health, Pennsylvania Department of Human Services and others is applied to our WIC, Power Up SNAP-ed, Family Planning, Breast and Cervical Cancer Screening, Education, and Tobacco Control and Prevention programs.



Reason for Optimism

L-R: Nurse Practitioner Karlee Stermoeck, Medical Assistant Carol Liptock, Medical Assistant Lori Zellie, Uniontown Office Manager Eugene Rossini, Medical Assistant Kaylee Softcheck, Clinical Operations Manager Kira Eicher, Director of Clinical Services Natalie Crouse all received COVID-19 vaccinations.

Nurse practitioner Crystle Harcar and Clinical Operations practice manager Sarah Tedrow proudly display their COVID-19 vaccination cards in January 2021.

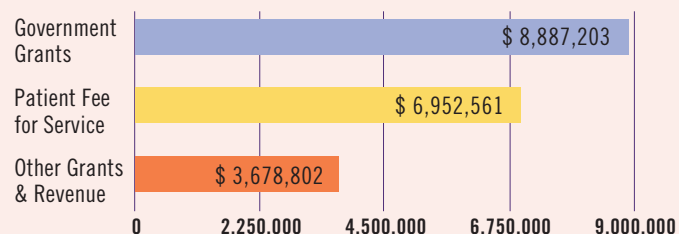


Nutrition Education Goes Virtual
Power Up staff in Fayette County Gina Rates, Megan Miller, and Alison Howard work distantly to serve their community.

Financials

Despite the ongoing pandemic, Adagio Health finished FY 2020 with a positive balance sheet, well-positioned for the future.

2020 Revenue \$19,518,566

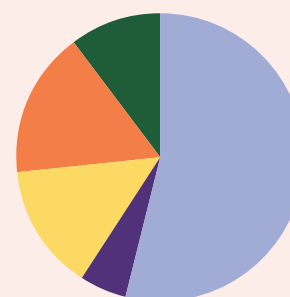


Financial Make-Up

	2020	2019
Liabilities	3,873,992	2,068,568
Equity	5,538,872	5,457,279
Assets	9,412,864	7,525,847

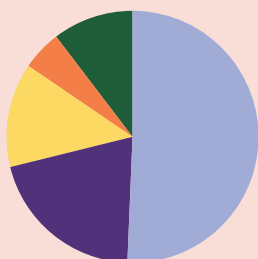
2020 Expenses \$19,436,973

Employment Costs	\$10,521,843	54%
Medical Supplies/Services	1,003,391	5%
Non-Medical Supplies/Services	2,743,874	14%
Pass Through Payments	3,186,484	16%
Rent/Utilities	1,981,381	10%



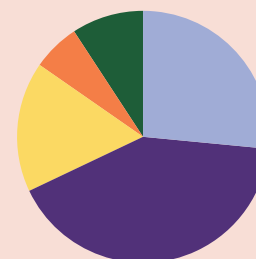
2020 Total Assets

Cash and Cash Equivalents	\$ 4,767,915	51%
Accounts and Pledges Receivable, net	1,928,348	20%
Investments	1,258,758	13%
Prepaid Expenses and Other Assets	482,356	5%
Property and Equipment, net	975,487	10%



2019 Total Assets

Cash and Cash Equivalents	\$ 1,996,078	27%
Accounts and Pledges Receivable, net	3,117,116	41%
Investments	1,258,758	17%
Prepaid Expenses and Other Assets	459,951	6%
Property and Equipment, net	693,944	9%



Note: Fiscal 2020 financial data reflects unaudited results due to delays caused by COVID-19.

Thank You to Our 2020 Donors

Adagio Health sincerely thanks all of our generous donors for their support in 2020. Your belief in our work and commitment to our organization propels us forward.

Corporations & Organizations

Allegheny Health Network.
Allegheny Medical PC
Almart Fine Art Publishing
Dollar Bank
Federal Home Loan Bank
IBEX
IBM
Mars Bank
Moon Girls Basketball Boosters
Moon Girls Soccer Club
Pittsburgh Business Group
on Health
PNC Foundation
Range Resources
Schneider Downs
Strassburger, McKenna, Gutnick,
and Gefsky
Uniontown Bar
Yates Fund for Cancer Hope

Individuals & Family Foundations

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Maureen Mahoney Hill
Bonnie Massing
Holly Maurer-Klein



Appreciated Nurse Jessica Kostovick from Adagio Health Edinboro on Nurses Day.



Celebrated Nurse Practitioner Marcia Smith for her dedication and many years of service to Adagio Health.

Giuliana Certo Metz
Patricia Miller
Casey and Charley Monroe
Gina Moser
Jaime Myer
Wendy OBrien
Ruth O'Brien
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